



Certificate of Training

rosalia aiello

Earned 1 contact hour
MALA Annual Conference & Dementia Summit (Virtual):

The Epidemic of Loneliness and its Effects on Health and Healing

on: October 1, 2020

Presenter: Kym Juntti, BBL, Mentor-GTI, ASTD Certified Trainer, MORC, INC

Course Description: Loneliness has a wide range of negative effects on physical and mental health as well as our bodies ability to heal. Medical researchers are calling for loneliness to be addressed similarly to diet, exercise and sleep. This session will explore how to develop person-centered strategies to build meaningful connections to reduce the level of loneliness experienced by the persons you serve.